



Mabe Matters

A community newsletter funded by Mabe Youth and Community Project and Mabe Parish Council to provide news, share views and publicise events. Printed by Reprographics at Penryn Campus.

Community News

Local heroes raise the bar for Mabe School

Last November, when a group of parents formed 'Friends of Mabe', whose aim was to raise £10,000 by the following summer for solar panels for their school roof, they never really believed they would achieve it. However, within 6 months, with the very generous support of the local community they reached their first target and then raised it higher!



Mabe resident John Jones who donated the single largest sum

Inside:

News, pp.1-3



Diary & What's On, pp.4-6



Letter, p.7, Big BF adventure build needs your help, p.8



Mabe School signed up with the national charity, Solar Schools whose aim is to assist schools in raising finance for renewable energy via providing training support and a website which enables schools to crowd fund. Solar panels will raise a long term income towards Mabe School's sustainability education, whilst reducing their carbon emissions and providing a hands on way to educate pupils, parents and wider community about the use of renewable energy.

Very early on, Steve from the village shop set a shining example by donating £300. Tim from the New Inn followed by running a pub quiz and then he topped that by actually jumping out of a plane! The quiz and his sponsor money bought in over £700.

The next big donation was from a local energy company: REG wind power (the windmills above Mabe) donated £1000. Friends of Mabe then started to believe it may really happen! Next was the brilliant community event when over 100 local residents participated in a sponsored walk along the coastal path from the Ferry Boat Inn to Falmouth, raising over £2400.

Then Falmouth University sponsored a piano recital, *Cont. on p.2*

Cont. from p.1 raising nearly £400 and Exeter University donated £650.

The biggest surprise, was a very very generous local resident, John Jones a physicist, who donated £2000 from his company Iceberg Technology and £1000 from his personal funds just because he believes in supporting your local community. He also believes in renewable energy and has already put in a 30 KWT solar panel system in his back garden. Although not originally from Cornwall John does have relatives spread all over the county and he is really pleased he moved to Mabe Parish just over a year ago. So are we!

With more donations (including another £1000 from energy company Res Ltd), the original target of £10,000 was surpassed and, with a new competitive quote from ZLC Energy, Friends of Mabe

discovered an extra £2,200 would buy a bigger 12 KWT system which would double the income they would receive from the electricity savings and the feed in tariff returns. So they upped their target and the race was on! Cornwall Council donated £500 for the display panel.

By the end of the summer, the new target had been reached and ZLC Energy (a Mabe based company) fitted the panels over the school holidays.

Mabe School wishes to say thank you to all those who contributed towards the solar panel project - all big and small donations were very much appreciated. To show their gratitude to all, the school will be creating a thank you poster to be displayed in the school listing all of the donors .
Jo Clarkson

Announcements



300 Club winners

The Winners of the 300 club draw are:
1st. Allan Gallie; 2nd. H. Rolling; 3rd. N. Triggs

Anyone wishing to join the club for the rest of this session (3 more draws) can do so by paying £7.50 to:

Geoff Wheeler, Monteaq, Treliever Road, Mabe, TR10 9EX. Cheques payable to Mabe Youth & Community Project.

Multi task with Mabe Matters

Why not help your community and keep fit at the same time? More volunteers are needed to help deliver Mabe Matters. You could even combine dog walking with delivering this monthly magazine. If you regularly walk your

dog around the Lower Spargo/Trevone area why not deliver Mabe Matters at the same time? Please contact Liz at lizzy555@gmail.com.

Look out for George!

George Kingston has been knocking on doors in Mabe to sell raffle tickets for 44 years. Every autumn sees George spend approximately 3 weeks walking around the village, selling tickets to raise money for the Mabe Youth & Community Project. Money raised this year will contribute towards new play equipment for the playground. A founder member of MYCP, which was set up in 1971, George enjoys meeting fellow villagers and is very grateful to receive any donations of raffle prizes whilst on his round. So look out for George and if you have a bottle of wine spare, please let him have it!

Mabe Autumn Fayre

After a week of perfect weather, the morning of the Mabe Autumn Fayre dawned wet and cold. Not the best start to the day, but things improved and nothing could put a dampener on the mood of the many volunteers and villagers who turned up to enjoy this community event. The total raised was £874, which will go towards providing new equipment for the play park.



Mabe Diary

October 2014

Fri 3 – Evening with Vicky Butterfly, The Performance Centre. *See What's On.*

Sun 5 – Holy Communion, Mabe Parish Church, 8.30am and Parish Eucharist, 9.30am. Contact Rev Steve Smith, 617628 or Rodney Holmes, 375052.

Tues 7 – Women's Institute, WI Hall, 7.30pm. Contact Liz Young, 372978.

Wed 8 – Village Communion, WI Hall, 10.30am, followed by tea, coffee and chat. Contact Rev Steve Smith, 617628.

Thurs 9 – Parish Council meeting, WI Hall, 7.30pm. Agenda available on the Parish Notice Board and website (www.mabeparish.co.uk). Open to the public. Contact Fiona Collins, 07964 735219.

Sat 11 – Matthew Herbert's 20 Pianos, The Performance Centre. *See What's On.*

Sat 11 – Seven Deadly Sins (dance), The Performance Centre. *See What's On.*

Sun 12 – Parish Eucharist, Mabe Parish Church, 9.30am. Contact details as for Sun 5.



Sun 12 – Autumn Festival, Chyan Community Field, 12pm onwards. *See What's On.*

Tues 14 – Cornwall Astronomy Society, WI Hall, 8pm. Contact Helen (Secretary), 572995.

Thurs 16 – Traffic and Physical Environment Advisory Committee meeting, Mabe School, 7.30pm. Everyone welcome to attend and contribute. Agenda available on the Parish Notice Board and website (www.mabeparish.co.uk). Contact Fiona Collins, 07964 735219.

Fri 17 – Lily & Meg: Somerwick Session

(acoustic roots duo), The Performance Centre. *See What's On.*



Sat 18 – Mabe Garden Club Coffee Morning and Bulb Sale, Community Hall, 10am to 12.30pm. *See What's On.*

Sat 18 – Music for an Autumn Evening, Mabe Church (St Laudus), 7.30pm. *See What's On.*

Sat 18 – Quiz, Community Hall, 7.30pm. *See What's On.*

Sun 19 – Morning Meditation (a led session), Chyan Community Field, 8.30am to 9.30am. For more information, contact Lucinda, 372419.

Sun 19 – Harvest Festival – All Age Service, Mabe Parish Church, joint service with St Michael's Ponsanooth and Trenoweth Methodists, 9.30am. Contact details as for Sun 5.

Sun 19 – Charity Auction of Harvest Gifts, New Inn, Mabe, 6.30pm. *See What's On.*

Mon 20 – Mabe Garden Club, Community Hall, 7pm. *See What's On.*

Thurs 23 – Cornwall Astronomy Society, WI Hall, 8pm. Contact Helen, 572995.

Fri 24 and Sat 25 – Manifesto (workshop, performance and exhibition), The Performance Centre. *See What's On.*

Sun 26 – Parish Eucharist, Mabe Parish Church, 9.30am. Contact details as for Sun 5.



Mon 27 to Fri 31 – Spooky Adventure Days for Half Term, BF Adventure, Halvasso. For more info contact enquiries@bfadventure.org

Fri 31 – Spooky Walk and Carved Pumpkin Competition, BF Adventure, 7pm. Contact as above.

Please send details of events happening within Mabe civic parish in Nov. to tessakingsley10@btinternet.com by 20th October 2014. Venue details:

- Mabe Community Hall, Cunningham Park (bookings, 375938 or mabeycp@gmail.com)
- Mabe Community Primary School, Cunningham Park (secretary, 372662)
- Mabe Parish Church (St Laudus), Church Road, towards Higher Spargo (administrator, Rodney Holmes, 375052; church warden, Francis Miller, 374890)
- Mabe WI Hall, Antron Hill (bookings, 372477)
- The Performance Centre, Penryn Campus (Tremough), Treliever Road (main reception, 370400; box office, 259349; www.theperformancecentre.org).

Weekly Events

- Mon** **Short Mat Bowls Club**, Community Hall, 2pm-4pm. Contact Keith Bryant, 373102.
Cardio Box/Fitcamp Class, WI Hall, 6.15pm-7.15pm. Contact Ali or Carmela, 07988 140745.
Mabe Keep Fit Club, WI Hall, 7.30pm. (The waiting list for this class is full.)
- Tues** **Age Concern Luncheon Club**, Community Hall, 12.30pm-2pm. Contact Joyce Price, 373187.
Slimming World, Community Hall, 5.30pm-7pm & 7.30pm-9pm. Contact Pam Mundy, 01209 204743 or 07503 945600.
- Wed** **Fitness for All**, Community Hall, 6pm-7pm. Contact Oriel Bennett, 01726 883523.
Zumba Class, Community Hall, 7.30pm. Contact Gill, 07817 174114.
Shinty, Car Boot Field, Antron Hill, 7pm-dark. All welcome, no experience necessary. Contact Matt Mossop, 340013 or 07807 458312.
- Thurs** **Huffer Puffer Club**, a support, exercise and social group for people with COPD and their carers, 10am-12pm, Community Hall. Contact Trish, 375238 or Frances, 315998.
Carpet Bowls Club, Community Hall, 2pm-4pm. Contact Arthur Searle, 377088.
Brownies, Community Hall, 6.15pm-8pm. Contact Jackie Williams, 372863.
Mabe Football Club, Penryn Campus MUGA, usually 7pm-8pm. Men, 16+, new players welcome. Contact Jack Roberts, 565409.
Aikido, Japanese martial art, beginners welcome, 7pm-9pm, Mabe School. Contact Jamie Matthews, 375336.
- Fri** **Short Mat Bowls Club**, Community Hall, 2pm-4pm. Contact Keith Bryant, 373102.
- Sat** **Zumba Class**, Community Hall, 9am. Contact Gill, 07817 174114.
- Sun** **Trenoweth Methodist Church**, Community Hall, 10.45am-12pm. Contact Margaret Bryant, 373102.
Mabe Parish Church (St Laudus), with St Michael's Church, Ponsanooth – please see the Diary (*opposite*) for the times of services.



(All six-digit phone numbers are 01326 unless specified.)

What's On

Chyan Community field and farm are having an **Autumn Festival** on Sunday 12 October from 12 noon till late. There will be apple pressing (you can bring your own and juice them on the day), children's workshops, music and a vegan café. Entry is £5 or £15 for a family. For more information, phone 377008.



On Monday 20 October, **Mabe Garden Club** will welcome Emma Trevarthen as their Guest Speaker to talk about Cornwall Gardens Trust at the Community Hall at 7pm. As always, visitors are welcome (£2).

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Mabe Church (St Laudus) will be celebrating the harvest with three events over the weekend of Saturday 18 and Sunday 19 October. Firstly on Saturday, there will be a free **Concert with Friends in Harmony** at 7.30pm at the Church. There will be wine and cake, and the retiring collection will be in aid of TEAR-FUND. On Sunday, the **Harvest Festival all age service** with St Michael's Church and the Trenoweth Methodists will take place at 9.30am at St Laudus Church, followed at 6pm by an **Auction of Harvest Gifts** at the New Inn in Mabe. Proceeds will go to CHICKS, a charity which provides holidays for kids from disadvantaged backgrounds.

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Polish up your general knowledge for

Mabe Garden Club is delighted to announce that their annual **Coffee Morning** will be held on Saturday 18 October from 10am to 12.30pm at the Community Hall. The main attraction, as ever, will be Cornwall's renowned bulbsman, Ron Scamp, who will be holding his 'End of Bin Bulb Sale', giving the opportunity for visitors to buy exceptional quality bulbs grown in local fields. An RHS Gold Medal winner every year since 2003, Ron will have a selection of daffodils, tulips, irises, hyacinths and alliums to delight visitors. Club members will also be running a number of stalls and a raffle. Entry to the event is £1 per person to include tea/coffee & biscuits.

the next **Quiz Night** on Saturday 18 October at 7.30pm in the Community Hall. £2 per person, teams of 4 or more; raffle, teas and coffees, or bring your own choice of drinks. If you would like a party, please phone Jackie Williams on 372863 in advance.

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Events coming up this month at The Performance Centre include:

On Friday 3 October (6pm to 8pm), there is an **Evening with Vicky Butterfly**, described a multi-disciplinary cabaret artist, "part Burlesque starlet, part innovative performance artiste, part music hall Vaudevillian, and dreamer..." Tickets: £5; booking details below.



"Seven Deadly Sins"

Matthew Herbert's 20 Pianos is a composition for solo pianist telling the story of twenty unique pianos from around the world. It takes place on Saturday 11 October, 7.30pm to 9.30pm, tickets: £12.

On the same evening, Tom Jackson-Greaves (a former dancer with Matthew Bourne) and Polly Motley perform **Seven Deadly Sins**. Described as "vibrant dance comedy", and "an exhilarating and at times tender tale of a relationship", the performance is supported by Arts Council England and Carn to Cove. Tickets: £12/£11 concessions.

On Friday 17 October, 7.30pm to 9.30pm, acoustic roots duo **Lily & Meg** will be returning to the Performance Centre. Tickets: £7.

Finally **Manifesto** with vocalist Lore Lixenberg, captures the vibrancy and immediacy of artist manifesti, from Futurism in 1909 to Fluxus in the 1960s.

In addition to the performance, there is an all-day workshop and an exhibition of artefacts by the manifesto authors.



Acoustic roots duo, Lily & Meg

Workshop, Friday 24 October, 9am to 5pm, tickets: free but booking required.

Performance, Saturday 25 October, 7.30pm to 9.30pm, tickets: £12/£11 concessions.

Exhibition, Friday 24 and Saturday 25 October.

Tickets and further details: The Performance Centre Box office: 01326 259349; boxoffice@falmouth.ac.uk; www.theperformancecentre.org.

Letter to the Editor

"We would like to draw your attention to a serious matter that happened along Cunningham Park Road in Mabe.

On Saturday 23rd August at 5.20pm, a well loved cat was knocked down and killed. Two very kind people stopped and took her to the vet. The vet said that her injuries were so severe that the cars must have been travelling at great speeds. The drivers did not stop or show any consideration for the circumstances. The cars were coming from the direction of the community hall and the play area.

This should not have happened in any circumstances, it could have been a child or an elderly person. We must not for-

get we have a school with over a hundred children, also young people frequently walk to the park.

Please help us to petition for a speed limit of 20 miles a per hour. Speed humps are not appropriate for this road and surrounding smaller roads. Our thanks are due to the kind couple who took our cat to the vet.

Please help us, the next time it could be a child. JUST SLOW DOWN, there are no second chances.

Thank you to Heather Thomas, Claire and Connor Robertson who have helped us with this letter and monitoring just how fast people go up and down Cunningham Park Road and Summerheath."

Helen and Kyara Coulson, 14 Cunningham Park

Big BF Adventure build needs your help

After raising £10,000 towards its new kitchen facilities, BF Adventure at Halvasso has turned to the public for help and has launched its #bigkitchenbuild campaign. The charity has been unable to attract any direct funding for the project, and so the kitchen will have to be built entirely by donations and the results of its own fund raising events.

The ladies of the Inner Wheel and the Rotary Club helped kick start the project and with the help of JDS Properties and Developments Ltd offering project oversight and professional support, they are the driving force behind making this project a reality.

With the installation of the foundations, phase one is complete. The project has received a welcome boost with a "huge donation" from Truro Timber Frames of an entire frame with doors and windows to follow from Cornwall Aluminium Windows. BF is now appealing for the necessary materials to make the building water tight such as wood cladding, flooring, insulation plus assorted bits and pieces. It also needs to raise another £10,000 to cover fees.

BF Adventure helps hundreds of disadvantaged and disabled young people in Cornwall gain the skills and accreditations to succeed at school or to find employment. The kitchen is used as part of many focused life skills programmes



which support disadvantaged and disabled young people and adults and is also vital for the charity to supply hot food and drinks to clients visiting on short day courses and residential breaks. The charity is also developing a programme which supports entrepreneurial skills in the kitchen whereby young people learn to manage budgets, cook, serve and reconcile bills, donating all profit back into the charity.

Adrian Richards, CEO of BF, said: "We have been incredibly lucky so far, receiving a large number of donations from local businesses, professionals and cash donations. To show our appreciation to the businesses that have helped we launched the #bigkitchenbuild. "Every donation has been featured on our social media sites, website and blog and can be found under #bigkitchenbuild. We have also raised £10,000 through fundraising, this has got the project off the ground.

"However we still have a very long way to go. Every donation large or small is very important." To donate call 01326 340912 01326 340912 or email enquires@bradventure.org.

Mabe Matters is published by Mabe Youth and Community Project, Cunningham Park, Mabe Burnthouse, Cornwall, TR10 9HB. Editorial Team: Ruth Olver, Liz Dunstan, Jackie Frost, Sian Bowen (illustrations), Tessa Kingsley (diary), Amanda Wills (editor).
Distribution co-ordination: Liz Dunstan.

Deadline for next issue: **20th October 2014**. Please send your events, news, notices, letters etc to the address above or to mabematters@aol.co.uk.