



A community newsletter funded by Mabe Youth and Community Project and Mabe Parish Council to provide news, share views and publicise events. Printed by Reprographics at Tremough Campus.

Community News

Chris from Mabe to carry Olympic Torch

Mabe resident Chris Martin is to carry the Olympic Torch on part of its journey through Cornwall on Saturday 19 May – but he still doesn't know who nominated him.

Chris, who lives in Treliever Road, is a coach for Falmouth/Penryn Boxing Club where he passes on his skills to the locals who attend. He also runs for the Mile High Running Club, which is based in Penryn, and has raised thousands of pounds for charity through running.

If you wish to cheer on Chris, he will be carrying the torch through Rosudgeon at about 9.25am. The nearest places to see the torch to Mabe will be Helston (from 10.07am), Falmouth (from 10.53am), and Truro (from 12.27pm). The torch will travel between these towns in a vehicle convoy.



Chris Martin winning the Saltash Half-Marathon a few years ago

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Kian rewarded for charity work

Local boy Kian Pellow has won a national award which recognises young people who excel through their involvement with dogs. Kian, who is 11 and attends Mabe School, was presented with the Shaun McAlpine Outstanding Young Person Award at Crufts at the NEC in Birmingham last month.

49 people nominated Kian in recognition of his work with the charity Pets as Therapy. His volunteer work includes taking Howard, his boxer dog, to visit children in hospital, and promoting the charity through school assemblies, and running training workshops.

Kian also donated his bone marrow when his younger brother, Aiden, was diagnosed with leukaemia, and so helped to save Aiden's life.

Mabe School head teacher, Paul Hayes, said: "Kian is an outstanding ambassador for the Kennel Club. He has been

happy to stand up and talk about what it takes to train and show dogs. He is an inspiration to younger children who see what can be achieved with a little hard work and commitment." Kian was chosen for the award over seven other shortlisted candidates, the oldest of whom was 24 years old.

Quiz nights raise over £250

The Quiz nights held at the New Inn in February and April have raised £140 for the RNLI and £114 for the Cystic Fibrosis Trust. Many thanks to everyone who supported the two evenings.

The next quiz to be held at the New Inn will be on Sunday 3 June at 8pm and will be part of Mabe's Diamond Jubilee celebrations. Money raised at the quiz will be in aid of the Precious Lives Appeal. Teams of approximately 4 people, £2 per person entry fee and lots of prizes.

Vanessa Ward

Bike ride to Paris

19 year old Mabe resident, Sam King, is to cycle from London to Paris in May to raise money for Little Harbour, the Children's Hospice South West.

In his first serious bike ride, Sam intends to cover the distance (around 250 miles or 400km) over four days with around 70 other cyclists. Sam has lived in Mabe for most of his life and went to school in Penryn. To sponsor him, visit the village shop, where there are sponsorship forms and a collection box at one of the tills.



Hugh retires from Post Office

At 72 years young, Hugh Brown has decided to hang up his date stamp.

Hugh was already working at Mabe Post Office when Stephen Nisbet took it over nearly twelve years ago.

Steve reports that in all that time, Hugh has never had a day off through sickness and that he walked to work from Penryn every day, whatever the weather.

Hugh and his wife, Judith, are looking forward to celebrating his retirement with a cruise in the Caribbean.

Mabe Matters wishes him a long, healthy and happy retirement.



Hugh pictured in his usual position behind the glass, shortly before his retirement. Is that a smile?
Photo: Stephen Nisbet

Two ways to help local charity

Local charity, BF Adventure, has organised a beautiful coastal walk over two days to raise money for its work with disadvantaged and disabled children in Cornwall. The 30 mile walk will begin in Par on Saturday 12 May and end at BF Adventure's site in Halvasso the following day.

The registration fee is £20 per person and includes an overnight stay at Boswinger YHA hostel. The walk is jointly organised with CHICKS, a charity which provides disadvantaged children from across the UK with a free respite break. For more information or to register, please phone BF Adventure on 01326 340 912 or visit www.bfadventure.org

BF Adventure has also set up a Friend Scheme, which gives you fantastic discounts with local companies, while helping disadvantaged and disabled children in Cornwall. To be a Friend, you need to donate at least £2 a month or volunteer. In return, you will receive updates about BF Adventure, invitations to events and discounts with companies including St Michael's Hotel in Falmouth, Outback Trading in Helston, Harlyn Surf School in Padstow and Cornish Food Market. To learn more, visit www.bfadventure.org or phone 01326 340912.

Letters

Whilst I applaud all attempts to reduce carbon emissions, especially in the area of electrical generation, I have been vociferous over nearly 40 years for wave hub generation over both wind turbines and solar panels, as far as the UK is concerned.

If the finance and energy put into other sources had been put into wave hubs (not a new concept!) we would, I hold, have captured a totally renewable and reliable source of energy which would be less visible and much more constant for most of the UK.

As an example and quoting recently published figures I learn that between 20% and 25% of Denmark's electricity comes from wind energy. We still produce much less than half, in percentage terms, than Denmark does. Denmark is quite flat and on a very windswept Continental Shelf which is ideally suited to wind turbines, but the Danes do not have the powerful tides and races we have around our Islands which we should utilise in energy production.

We need to use the best facilities or sources we have in generation and not just follow the solutions found most effective by other countries. I don't know what the surfing community would make of wave hub barriers but then there are objectors to wind turbines too!

Finally, let us not forget that there is no such thing as a "free lunch" because the energy generated by wind or wave for that matter comes from somewhere (slowing the Earth in its orbit perhaps?)

David Kessell, Antron Lane

Mabe Home Guard captures Bren-Gun carrier!

*The photo (right) of the Home Guard (kindly lent by Paul Dunstan and including Paul's father and uncle in the middle of the marching men), reminded **Mark Kessell** of the following war-time incident:*

Mabe Home Guard was famous for capturing the crew of a Bren-Gun carrier near the build-out by Sid Knowles' entrance up Antron Hill.

The Regular soldiers from the Hertfordshire and Berkshire Regiments were carrying out a serious exercise against Stithians, Mabe and Treverva Home Guard units. The Regulars were "hard cases", my father said, and used unnecessary force to capture Treverva and Stithians villages and put two home guard chaps in hospital. This and the very annoying fact that the Herts and Berks ("the bleddy bastards", my dad would say), "went and captured the bakers' van that was bringing pasties to every home guard soldier. They had all reported for duty immediately after work - and a bleddy great pasty was to be each man's 'tea'."

Mabe boys were jumping (with rage) at this. "They buggers didn't

Continued opposite



The Home Guard marching down Helston Road, Penryn, and spectators, during the Second World War.

Cont'd from previous page

need our pasties as they had their own bleddy catering arrangements. We boys was starving so we set about them and captured the Bren-Gun carrier." My father and his mate stood in the middle of the road firing blanks and the vehicle swerved off the road at the very last moment, overturning near a hedge. The four-man crew had two injured, with broken arms and collar-bones.

"Unauthorised" scrapping broke out in the barn where prisoners were held, and several were hurt on both sides. Cornish folk thought very poorly about having their pasties misappropriated!!

Do you have any stories of Mabe's past? We would like to hear them for the Old Mabe Exhibition, which will be part of the Diamond Jubilee celebrations. Please contact Richard Scrase, who will be happy to listen to or read your stories (on 01326 259861 or scraseolver@aol.com), or Mark Kessell (on 01326 374993 or mark.kessell43@btinternet.com).

Mabe Diary

(All six-digit phone numbers are 01326 unless specified.)

April 2012

Sun 15 – 'Low Sunday' Morning Prayer, Mabe Parish Church, 9.30am. Contact Martin Brown, 375766.

Mon 16 – Mabe Garden Club, Community Hall, 7pm. See p.9.

Tues 17 – Seminar by poet and academic, Professor Robert Sheppard, Lecture Theatre 4, Peter Lanyon Building, Tremough Campus, 4.30pm, free tickets, www.robertsheppardtalk.eventbrite.co.uk

Thurs 19 – Parish Council Meeting, WI Hall 7.30pm. Agenda on Parish Notice Board. Open to the public. Contact Elinor O'Connor, 319799.

Sat 21 – Quiz Evening, Community Hall, 7.30pm. £2 entry per person or £4 including a pasty. Tickets from Jackie Williams, 372862.

Sun 22 – Parish Eucharist, Mabe Parish Church, 9.30am. Contact Fr John Savage, 259739.

Wed 25 – Diamond Jubilee Celebration meeting, WI Hall, 7.30pm. See opposite page.

Thurs 26 – Seminar by award-winning travel writer and novelist, Philip Marsden, Lecture Theatre 4, Peter Lanyon Building, Tremough Campus, 4.30pm, free tickets www.philipmarsdentalk.eventbrite.co.uk

Thurs 26 – Cornwall Astronomy Society, WI Hall, 8pm. Contact Mick Harvey, 372897.

Sat 28 – Big Lunch, Chyan Community Field. See p.10.

Sat 28 – FXU Tremough 2012 Community Games, sports taster sessions, performances, local produce and craft stalls, and fun for all the family in the spirit of the London 2012 Games, Tremough Campus, 10am to 4pm, www.fxu.org.uk

Sun 29 – Parish Eucharist, Mabe Parish Church, 10.30am, followed by the Church's annual meeting. Contact Fr John Savage, 259739.

May 2012

Fri 4 – Blood donor session, Community Hall, 1.15pm-3.30pm and 4.45pm-7.30pm. To book call 0300 123 2323 or visit www.blood.co.uk.

Fri 4 – Poetry evening with Caroline Carver and Alyson Hallet, Tremough House Boardroom, Tremough Campus, 6pm, free tickets, see website details p.8.

Sun 6 – Holy Communion (8.30am) and Parish Eucharist (9.30am), Mabe Parish Church. Contact Fr John Savage, 259739.

Sun 6 – May Day celebration, Chyan Field. See p.10.

Tues 8 – Cornwall Astronomy

Events at Tremough Campus: see p.8 for websites.

Diamond Jubilee Celebrations

Volunteers needed to help organise events on Sunday 3 and Monday 4 June

Footpath Treasure Hunt, Games (Football / Tug of War etc), Fancy Dress Fun Run, Soap Box Derby, Street Lunch and Entertainment

Meeting: Wednesday 25 April, 7.30pm, WI Hall (opposite the shop) or contact Elinor O'Connor on 319799



Society, WI Hall, 8pm. Contact Mick Harvey, 372897.

Wed 9 – Village Communion, WI Hall, 10.30am, followed by tea, coffee and chat. Contact Fr John Savage, 259739.

Wed 9 – Coffee Morning, Flicka Foundation, Penty Noweth Farm, Trenoweth Lane, Mabe, 11am to 1pm. See p.9.

Thurs 10 – Parish Council Meeting, WI Hall 7.30pm. Agenda on Parish Notice Board. Open to the public. Contact Elinor O'Connor, 319799.

Sat 12 – Introduction to Wild Foods, workshop with Rachel Lambert, Chyan Field. See p.10.

Sun 13 – Parish Eucharist, Mabe Parish Church, 9.30am. Contact Fr John Savage, 259739

Sun 13 – Local Family Walk. See p.10 for details.

Sat 19 – Olympic torch carried through Cornwall, see p.1.

Sun 20 – Parish Eucharist, Mabe

Parish Church, 9.30am. Contact Fr John Savage, 259739.

Sun 20 – Tremough Campus Culture Festival in association with the Daphne du Maurier Festival. The Chapel Lecture Theatre, Tremough Campus, 10.15am to 6pm, tickets from www.dumaurierfestival.co.uk

Mon 21 – Mabe Garden Club, Community Hall, 7pm. See p.9.

Wed 23 – Flicka Coffee Morning, see *Wed 9 May*.

Thurs 24 – Cornwall Astronomy Society, WI Hall, 8pm. Contact Mick Harvey, 372897.

Sun 27 – Parish Eucharist, Mabe Parish Church, 9.30am. Contact Fr John Savage, 259739.

Dates for June:

Sun 3 and Mon 4 June – Diamond Jubilee Celebrations.

Sun 10 June – Flicka Fun Run, see p.9.

Weekly Events overleaf

(All six-digit phone numbers are 01326 unless specified.)

Events at Tremough

The events listed (on pp.6-7) at Tremough Campus are open to the public and are free unless ticket prices are given. Many Tremough events are now publicised on www.tremoughcampus.com/whats-on and www.theperformancecentre.org/. Tremough Campus, Treliever Road, TR10 9EZ.

To book tickets in The Performance Centre, book via the website, phone 255885 (Mon-Fri, 9.30am-5pm) or call in person (Mon-Fri, 9.30-5pm, 7pm on performance days.) For information, email boxoffice@falmouth.ac.uk.

Weekly Events

Events held weekly in Mabe Community Hall and Mabe School (both on Cunningham Park) and in Mabe WI Hall (Antron Hill).

- Mon** **Short Mat Bowls Club**, Community Hall, 2pm-4pm. Contact Keith Bryant, 373102.
Mabe Keep Fit Club, WI Hall, 7pm. Contact Janet Johns, 373090.
- Tues** **Age Concern Luncheon Club**, Community Hall, 12.30pm-2pm.
Contact Joyce Price, 373187.
Yoga, Community Hall, 5.30pm-7pm. *See opposite for details.*
- Wed** **Short Mat Bowls Club**, Community Hall, 2pm-4pm. Contact Keith Bryant, 373102.
Fitness for all, Community Hall, 6pm-7pm. Contact Oriel Bennett, 01726 883523.
Zumba Exercise Class, Community Hall, 7.30pm. Contact Gill, 07817 174 114.
- Thurs** **Carpet Bowls Club**, Community Hall, 2pm-4pm. Contact Arthur Searle, 377088.
Brownies, Community Hall, 6.15pm-8pm. Contact Jackie Williams, 372863.
Aikido Class, Mabe School, 7pm-9pm. Contact Jamie, 07720 288172 or email kokorokaidojo@gmail.com.
- Fri** **Short Mat Bowls Club**, Community Hall, 2pm-4pm & 7pm-9pm.
Contact Keith Bryant, 373102.
- Sun** **Trenoweth Methodist Church**, Community Hall, 10.45am-12noon.
Contact Margaret Bryant, 373102.
Mabe Parish Church (St Laudus), with St Michael's Church, Pon-sanooth – please see the Diary (pp.6-7) for the times of services.

What's On in Mabe

Flicka Fun Run and coffee mornings

Enjoy a Coffee Morning with a difference... For £2 (which goes towards the charity), Flicka is offering coffee, cake, chat – and the company of some four-legged friends. The coffee mornings will be held every other Wednesday from 11am to 1pm, starting from Wednesday 9 May.

Then, to wear off all that cake, why not get in training and sign up for Flicka's annual fund-raising Fun Run on Sunday 10 June. You can run (or walk) 3km or 5km, around a flat paddock (or for the brave, a sloping one) – entry is £5 and you are asked to raise a minimum of £15 sponsorship. Every runner will be



Runners from last year's Flicka Fun Run

given a finishing medal and provided with bottled water. For more info and a sponsor form, visit www.flickafoundation.org.uk, email info@flicka.org.uk or call 01326 373601. ALL proceeds to the Flicka Foundation.

Mabe Garden Club

The Garden Club has had a busy couple of months with a talk on Soil (where members learned about the sex lives of worms – amongst other things), a return visit to Ron Scamp's daffodil fields plus a coach trip to Boconnoc for the Spring Flower Show. In March, Dan Thomas talked about restoring Potagers Garden and invited everyone to take a look for themselves!

Coming up on 16 and 21 April, we have a talk at the Hall and a guided walk through the Rhododendrons by the Head Gardener of Tremough, David



Garwood (pictured at Boconnoc, with his prizes for Rhododendron blooms). On 21 May, in a change to our programme, Charlie Pridham, who holds the National Clematis Collection, will be talking about his plants and giving the talk "Maximum Effect for Minimum Effort".

Are you interested in gardening? Perhaps you have a window box, a few tubs or an allotment? For further information about our Club, please contact Val on 01326 373984; or turn up at our next meeting where you will be made most welcome (see the Diary for details).



Chyan's Big Lunch and May Day

Chyan Community Field has a full programme of spring events coming up.

On Saturday 28 April, there will be a Big Lunch to celebrate local food growing – everyone's invited to bring along a dish of food to share; if it's your own home-grown produce, all the better. There will also be a seed swap and the chance to

building bee hotels!

And on Sunday 6 May there will be a May Day celebration – food, music, dancing and fun...

There are also workshops coming up – on Saturday 12 May, Rachel Lambert will be introducing people to Wild Foods around the Chyan Field.

For more information, visit Chyan's website: www.chyan.org.uk, ring 01326 377447 or email: info@chyan.org.uk.

Follow our footpaths – come on a local family walk

Following his article about footpaths in the last issue of *Mabe Matters*, Paul Simmons, who runs the walking holiday business [walkitcornwall](http://walkitcornwall.com), has offered to lead a local family walk.

The walk will be on Sunday 13 May and will be free. Please contact Paul for other details on 01209 860186 or 0771 408 4644.

300 Club Membership

Mabe Youth and Community Project Membership is due for renewal shortly and we very much hope that you will continue to support the Project by renewing your membership, as the 300 Club is a very valuable source of income. New cards will be issued shortly - but to only those who have not provided me with an email address - and as this is the last occasion on which we will issue cards, do not lose them as they will remind you of your potentially winning number!

Remember, you can always increase your membership, which will improve your odds on winning one of the quarterly prizes of either: £50, £30 or £10. Please let me know if you wish to increase your membership.

If you are not a member of the 300 Club, then please think about joining. It only costs £10 a year and helps to fund community facilities, including the community hall, playground, skatepark and field.

Martin Brown – Treasurer

Mabe's own singing "Old Sea Salt"

Jim Miller of City of Truro Male Choir provides us with a profile of Mabe resident, James Gilbert

They say first impressions count! This is certainly the case when you meet James Gilbert. He comes across as a very personable, pleasant individual and one instantly feels an affinity towards him.

He was born in 1979, a true Cornishman. He went to Primary School in St Ives where his talent for music quickly came to the attention of his teachers. They encouraged him to play the piano, sing and act, and he took part in many school musicals.

At the age of 11 James moved to Helston where, as well as singing, he was introduced to the trombone, eventually playing in the Helston School Jazz Band and the Cornwall Youth Jazz Orchestra.

At 19 James joined the Merchant Navy as an officer cadet. After time on both cargo and passenger ships he qualified in 2002 and remained with Holland America Cruise Line.

In 2004 his heart was captured by Caroline and they married the following year. To enable James to spend more time with his new bride he joined Her Majesty's Coastguard. His colleagues soon became aware of his singing talent because, when on watch at Falmouth Coastguard, he was always singing and it was at this point he was introduced to the City of Truro Male Choir.

However, James has had a desire all his life to be a master mariner and he returned to sea joining P&O Ferries, so he could spend equal amounts of time at sea and ashore.

His interests, other than music, include reading biographies ("you can learn such a lot from other people's experiences"), and obviously spending time with his family, who include Caroline and their two children, Barnaby and Pheobe-Bo.

I am heartened that he has become a member of the choir, albeit intermittently, because of his work. One often hears comments about male choirs and the ageing of members. With James we have attracted a young man who has so much enthusiasm and a passion for choral singing, hopefully for many years to come. It would be wonderful if we could attract more like him.

The City of Truro Male Choir will be singing in Falmouth All Saints Church on Saturday 21st April in a joint concert with Mevagissey Male Choir.

More information can be found about the choir on www.cityoftruro-malechoir.co.uk



My Hobby by Ron Jones

My fascination with boats started at the age of 12 as a member of the boy scouts, sailing at Poole Harbour, I discovered excitement and adventure. With the help of my parents I built a 12' plywood rowing boat. My dream was always to own my own cruising sailing boat.

Since then I have built 2 sailing boats and rebuilt 3 others. The boat I have now is a 36 year old racing boat, bought 10 years ago as a derelict plywood hull. The keel was in Gweek boatyard and the hull was near Stithians, the mast a bucket of bits, no sails, rudder or rigging. I told friends I would give it a quick paint and bolt the keel back on, but the craftsman in me took over and 6 years of my spare time and money later, Deep Purple was re-launched.

As Deep Purple was designed to race, I became a member of Flushing Sailing Club and with a crew of 4 including myself we race on Tuesday evenings and Saturday afternoon. Flushing Sailing Club is informal and very welcoming to new members.

Having spent my life sailing and cruising I have learnt more in the last 4 years of racing in terms of boat handling and sail adjustment. It's not just about how fast you go, it's about making the fewest mistakes. The racing is intense and exhilarating and, most of all, it's fun being part of a team.

Do you have a hobby which might be of interest to others in Mabe?

Please contact the Editor at the address below or email mabematters@aol.com.

Do you enjoy writing? Maybe you are good at collecting information? Or can you draw? Why not help us make *Mabe Matters* happen?

This newsletter is produced by volunteers. A few extra people doing a little bit of work each - collecting stories, contacting people, checking facts, taking photos - could make a huge difference to us!

If you would like to join the Editorial Team, please contact Ruth Olver on 259861 (after 5pm) or email mabematters@aol.com. Thank you.

***Mabe Matters** is published by Mabe Youth and Community Project, Cunningham Park, Mabe Burnthouse, Cornwall, TR10 9HB. Editorial Team: Margaret Bryant, Charlotte Jones, Tessa Kingsley and Ruth Olver (Editor). Illustrations: Charlotte Jones. Distribution co-ordination: Liz Dunstan.*

